There’s a story about hunger that’s gone untold: hunger on college campuses. For decades, we’ve laughed at the stereotype of students surviving on ramen noodle diets, but the joke’s over. A study released this spring revealed that 45% of university and college students in America report being food insecure (source: Hope Center). As the costs associated with being a student continue to rise — including tuition, books, rent, utilities, and more — it’s no wonder students are struggling to pay their bills, let alone put food on their plates.

For Abby, the burden is even worse. She’s a full-time student at Front Range Community College’s Longmont campus. On top of paying for school, she’s laden with costly treatment expenses for her chronic autoimmune disease. In addition to medication, regular doctor visits, and a handful of invasive surgeries, she has to follow a highly restrictive (and very expensive) diet in order to remain healthy.

She’s financially independent from her parents, so to pay for it all, she works two jobs, juggling 20-30 hours of work each week on top of a full course load. Even so, she struggles to make ends meet: “There have been times that I’ve waited to pick up medication, because I couldn’t afford it. Or I have cancelled doctor’s appointments because I couldn’t afford them.” It’s not surprising that food is often last on her list of spending priorities. And as someone whose diet affects her health more than the average person, this has posed threats to her well-being as well as her ability to complete her education.
Hello!

My “insider’s” experience of the staff culture at Community Food Share began when I joined the Board of Directors two years ago. This summer, I encountered it in earnest when — for the three months that we were without an Executive Director — I had the opportunity to work with staff at a deeper level.

I’ve long known that our team is exceptionally hard-working, refreshingly down-to-earth, and united in their passion for ending local hunger. But this transition has shown me the other dimensions that contribute to our success: their fierce compassion, service-oriented attitudes, and sharp wit.

I am pleased to share that we’ve welcomed a new member whose experience, values, and personality are a perfect addition to our remarkable team: Kim Ruotsala, Community Food Share’s new Executive Director. Kim comes to us from Food Bank of the Rockies, our fellow Feeding America food bank and Colorado’s largest private hunger-relief organization. She has dedicated more than two decades to solving hunger in the Front Range and beyond. This, combined with her proven success in managing food bank teams and inspiring Colorado’s philanthropic community, makes her an excellent fit to lead Community Food Share into the future.

My fellow board members and I are confident that as Community Food Share’s new leader, Kim will leverage our time-tested methods while pursuing new opportunities for growth and innovation. Together with the entire team, including you — our supporters — we will continue to better serve the organizations and individuals who rely on us.

Please join me in welcoming her!

With Gratitude,

Kevin Classen
Board Chair

Volunteer Spotlight

First United Methodist Church (UMC) of Lafayette

Volunteers from First UMC have provided monthly support to Community Food Share for years. Lynette Sipe (right) volunteers regularly in our warehouse, and she’s a Site Coordinator for Elder Share, our program serving seniors. When asked why the congregation got involved, Lynette shared, “We just wanted to take care [of people] in our area.” Their team knocks any project out of the park, but they all agree: repacking dry goods, like pinto beans and macaroni, is their favorite. Barb Williams’ (left) advice to new volunteers: “Come prepared to work!” Thank you, First UMC, for committing to end local hunger!
A SNAPSHOT OF LOCAL HUNGER

What is the extent of hunger in Boulder and Broomfield Counties?

11% of Boulder and Broomfield Counties don’t know where they’ll get their next meal.

Why does hunger exist here?

$86,000

The annual income a family of four needs to make ends meet without public or private assistance in Boulder and Broomfield Counties.

$50,196

The maximum annual income of most families served by our network.

$3.02

Average national meal cost.

$3.75

Average meal cost in Boulder and Broomfield Counties.

24% higher.

To learn more about hunger at the local, state, and national levels, visit our new webpage:

communityfoodshare.org/hunger-101
1 440 companies engaged in local hunger relief
2 We distributed 10 million pounds of food; 77% was fresh produce, dairy, and high-protein items
3 Our programs and network of food pantries served 40,000 locals

4 We celebrated the 30th year of our annual golf tournament; the event has raised 6.3+ million meals
5 We provided $10.9 million worth of food to 40 local food pantries — at no cost to them

Thanks to you, we made tremendous accomplishments in the fight against local hunger this year.
We sourced 108,000 pounds of fresh produce from 150 Colorado farms, gardens, and growers.

Our onsite and mobile pantries served 4,700 families, including 5,000 children.

6,200 community members volunteered — including 500+ kids and teenagers.

We prevented 5.8 million pounds of food from going to waste.
Statement of Financial Activities

We get it: unless you have a finance degree, this can seem daunting (or like a bunch of gobbledygook). So we’ve added some notes to help you understand…hold the yawns!

### SUPPORT & REVENUE

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Contributions</td>
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<tr>
<td>Grants</td>
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<td>Special Events</td>
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<td>Earned Income</td>
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<tr>
<td>Food Donations &amp; Other Non-Cash Support</td>
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<tr>
<td><strong>TOTAL</strong></td>
<td><strong>$19,549,675</strong></td>
</tr>
</tbody>
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### EXPENSES

- **Program Services**: $2,184,503
- **Fundraising**: $548,811
- **Administration**: $431,836
- **CASH SUBTOTAL**: $3,165,150
- **Food Distributed & Other Non-Cash Expenses**: $16,613,994
- **TOTAL**: $19,779,144

**CHANGE IN NET ASSETS**: $(229,469)

Based on audited financial statements ending June 30, 2019

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**Officers**

Kevin Classen, Board Chair  
Alison Medbery, Vice Chair  
Vikki Schiff, Board Secretary

**Members**

Barbara Keiger  
Chris LaVelle  
Debbie Hodge  
Greg Frederick  
Jessica Sibila  
Josh Anderson

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**OUR MISSION**

To eliminate hunger in Boulder and Broomfield Counties through engagement, collaboration, and leadership

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**BOARD OF DIRECTORS**

6
**Shattering the Stigma**

**Front Range Community College’s On-Campus Pantry**

Thanks to the food she now receives at the on-campus food pantry — a program that is made possible by donors like you — Abby doesn’t have to sacrifice her health and her ability to succeed in school. Every week, she has access to the foods that keep her symptoms at bay: meat and eggs, non-dairy milk, gluten-free items, and one of her favorite on-the-go snacks: protein bars.

It’s the first time she’s ever received help, and she was nervous at first, explaining that she would visit the pantry in secret between classes. She eventually mentioned it to a friend in class; as a result, she learned that her classmate visited the pantry regularly too. In Abby’s words, their conversation “totally shattered the stigma.” Now, Abby promotes the pantry to other classmates, determined to help them feel welcome and normalize the reality that so many students face: “I’ve realized how important it is to be outspoken about these things because knowing that there’s someone you can relate to, someone who has similar experiences, can make all the difference in the world.”

Abby and Front Range Community College are helping to change a reality that has gone unaddressed for too long. You, our supporters, are part of this change. When asked what she would say to our donors if she had the chance, Abby responded, “I can’t thank you enough for what you do for myself and everyone in the community...having a place without judgment; a place that’s there to help you be successful...I can’t put into words how thankful I am for it.”

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**HUNGER ON CAMPUS**

The average annual cost of a four-year degree is climbing

$4,885 Cost in 1985

$23,091 Cost in 2016

In the last 3 decades, the cost to attend college increased nearly 8 TIMES FASTER than wages did

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**IT’S NO WONDER HUNGER IS AN ISSUE AMONG STUDENTS IN AMERICA**

- 45% of students report being food insecure
- Only 20% of food insecure students receive SNAP
- 68% of food insecure students are employed...and they work more hours than other working students

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**Community Food Share Serves Local College Students**

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**FRONT RANGE CC ON-CAMPUS FOOD PANTRY**

1,600 Average pounds of food Community Food Share provides the pantry each month

350 Monthly pantry visits by students

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**CU BOULDER**

200 Students visited the pilot mobile pantry we brought to campus in April

Since 2017, we’ve provided emergency food boxes to students through campus offices

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1Values have been adjusted for inflation 2Includes some faculty and staff Sources: National Center for Education Statistics; Forbes; Hope Center
In Loving Memory

Kathy Coyne, January 29, 1944-September 24, 2019

It was with great sadness that we received the news of Kathy’s passing. For eighteen years, she served as Community Food Share’s founding CEO and Executive Director. Since most of our current staff members did not have the honor of knowing her personally, we’d like to honor her with words from our 2000 Annual Report: “Kathy led Community Food Share with a laser-like focus, enormous vision, great compassion, good humor, fierce loyalty, and infectious enthusiasm. On her watch, the program not only grew — it grew into a dynamic community cause.” To date, the legacy she built has enabled our food bank to provide 130 million meals to our neighbors in Boulder and Broomfield Counties. This community can’t thank her enough.

UPCOMING EVENTS

Family Volunteer Days
Sign up with your kids (ages 5+) for these family-oriented volunteer shifts offered during holiday breaks. Visit our online event calendar for additional December dates!

Louisville Turkey Trot
Join thousands of runners on Thanksgiving morning for this annual 5k. Your non-perishable food donations and a portion of event proceeds benefit Community Food Share.

Colorado Gives Day
Remember us during the annual, statewide movement that celebrates philanthropy in Colorado, and pre-schedule your gift as early as November 1.

Visit communityfoodshare.org/events for more details.

LOOKING FOR HOLIDAY GIFT IDEAS?
Give a gift to Community Food Share in your loved one’s honor. It’s a gift that gives back — a gift that won’t be returned, re-gifted, or sit in a closet. Plus, you can send them a customized, holiday-themed eCard. Prefer a more traditional touch? We’ll deliver a handwritten note on one of Community Food Share’s holiday cards.

Give Now! Visit communityfoodshare.org/Holiday